

Introducing the Academies

Harrow International School Bangkok's academy system has been developed to allow our students reach their full sporting potential.

We have four sports academies that offer sport year-round to our students in Football, Gymnastics, Swimming and Tennis. The academies offer an entry point into the respective sports, but they also ensure top athletes receive focused training.

Our highly qualified coaches and state-of-the-art facilities provide the optimum environment to nurture athletic talent. We very much hope to see your children in one of our academies in the very near future.

Michael Preston, Director of Sport



For more information about academies at Harrow Bangkok, please contact our Sport Department Administration Team, email: PEAdmin@harrowschool.ac.th or call: +66 (0) 25037222 ext 1707

You can also visit the Harrow Sport website,

sport.harrowschool.ac.th



Sports ACADEMIES

at Harrow Bangkok



*Sport at Harrow Bangkok:
'be the best that you can be'*



FOOTBALL

Harrow Football Academy is dedicated to youth development and to coach players of all ages to play high quality attacking and exciting football. Harrow teams will play possession-based football with each player learning key roles to becoming a successful team on and off the pitch. Members of the academy will be comprehensively coached in the technical, tactical, physical, mental and social aspects of the game.



SWIMMING

Harrow Lions Swim Academy splits swimming into three different levels of development.

All levels with the exception of the Learn to Swim programme, have entry requirements which have to be met before entry is granted to a squad. As they progress, swimmers will then move up through the development pathway.

Squads at all levels will compete throughout the school year at ability focused meets both within Thailand and across South East Asia.

Level 1: This incorporates extra-curricular swimming activities, Junior A and B squads, and the Club Squad.

Level 2: Intermediate and Development sessions, and for FOBISIA competition training.

Level 3: Junior National and Elite training sessions.

GYMNASTICS

Harrow School has a new, purpose-built gymnastics facility, which enables us run a comprehensive, year round programme of gymnastics, designed to cater for gymnasts of all ages and abilities from age 3 upwards.

The Gymnastics Academy has three distinct stages to allow for the progression of students from complete beginner to the competition level.

Tumble Cubs

Tumble Cubs aims to provide beginners to gymnastics a firm foundation of the core movement skills, agility and co-ordination for gymnastics.

Leaping Lions Development Squad

The Leaping Lions development squad aims to give promising gymnasts the opportunity to develop their skills in order to progress on to the Harrow Lions Gymnastics Team.

Harrow Lions Gymnastics Team

The Harrow Lions Gymnastics Team participate in dedicated training sessions with top class coaches to ensure they are up to competition standard for the meets they attend throughout Asia.



TENNIS



Harrow Bangkok offers a complete Tennis Academy from Year 1 Mini Red Tennis through to U19 team training. The coaching team creates an environment where all players experience fun, learning, success and competition. There are four major stages of development depending on age and ability level.

Harrow Lions Tennis Team

The Harrow Lions Team is the pinnacle of the Tennis Academy. Training sessions take place before and after school to develop technical, tactical, mental and physical aspects of the game. There are many opportunities for Harrow Lions Tennis players to compete with BISAC competitions and FOBISIA competitions.

